



**The Everything Chinese Cookbook: Includes
Tomato Egg Flower Soup, Stir-Fried Orange Beef,
Spicy Chicken with Cashews, Kung Pao Tofu,
Pepper-Salt Shrimp, and hundreds more!**

Manyee Elaine Mar

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Make your favorite dishes at home!

Chinese takeout is a go-to solution for busy nights, but typical Chinese restaurant fare can be loaded with fat, sugar, and salt. With *The Everything Chinese Cookbook, 2nd Edition*, you can make healthier (and more delicious) versions of your favorite takeout dishes at home, including:

- Spicy szechwan peanut sauce
- Crab rangoon
- Quick and easy hot and sour soup
- Chicken chow mein
- Traditional mu shu pork
- Vegetable egg foo yung
- Stir-fried orange beef
- Drunken chicken wings
- Spicy shrimp with hot shanghai noodles
- Szechwan eggplant with black rice vinegar
- Sesame seed dumplings with red bean paste
- Almond cookies

In this completely updated and revised cookbook, you will find traditional recipes made with fresh, vibrant vegetables; lean meats; and just the right amount of healthy fats. Hundreds of easy recipes take you from basic sauces and side dishes to weeknight stir-fries and company-worthy specialties. So forget the time and expense of typical takeout--the healthiest and best-tasting Chinese food can come out of your kitchen!

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