



Pressing On The Blessed Journey Alongside a Daughter With an Eating Disorder

Elna Mary Loodus

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We never know how we'll deal with adversity until it confronts us. Elna Loodus was in many ways a typical mother, doing her best to balance her career and family with her anxiety disorder and spiritual needs. When her teenaged daughter Carly became seriously ill with anorexia nervosa, Elna sought help in books written from a Christian perspective about how to best support her, but couldn't find the guide she needed. So she created one. This volume lovingly and earnestly documents the journey Elna and Carly undertook to regain their health, and offers practical tips, encouragement, and most importantly hope for other families on similar paths. It is a testament to the adage that a mother's love for her children knows no bounds and to the power of God's healing grace.

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