



# **The Alpha Woman Meets Her Match: How Today's Strong Women Can Find Love and Happiness Without Settling**

*Sonya Rhodes, Susan Schneider*

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In the twenty-first century, women are outpacing men in education and career advancement. Yet successful women are constantly being told that their professional achievements might doom their chances of marriage and family.

Data show that today's Alpha women—ambitious, self-assured, and hardworking—are hardly fated to be spinsters. By rethinking outmoded gender roles, women can have better relationships than ever before. A clinical psychologist with more than thirty years' experience, Dr. Rhodes shares her secrets to helping women triumph in love by finding men who will appreciate and complement their strengths.

Challenging gender stereotypes associated with the terms *Alpha* and *Beta*, she advises the Alpha woman to look past the overly competitive, domineering Alpha male for a man who is not threatened by her strengths. Just as Alpha women aren't demanding bitches, Beta men aren't passive wimps. Demonstrating that nearly everyone is a combination of both qualities, Dr. Rhodes includes a comprehensive test to help readers define where they (and their partners) are on the Alpha-Beta spectrum, giving women more options and helping them make better choices.

*The Alpha Woman Meets Her Match* can bring women greater empowerment in both their love lives and their careers.

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#### **Jennifer Wadsworth:**

The reason? Because this The Alpha Woman Meets Her Match: How Today's Strong Women Can Find Love and Happiness Without Settling is an unordinary book that the inside of the e-book waiting for you to snap the idea but latter it will distress you with the secret that inside. Reading this book adjacent to it was fantastic author who have write the book in such incredible way makes the content inside easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you because of not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of gains than the other book have such as help improving your expertise and your critical thinking way. So , still want to hold off having that book? If I had been you I will go to the publication store hurriedly.

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The book untitled The Alpha Woman Meets Her Match: How Today's Strong Women Can Find Love and Happiness Without Settling contain a lot of information on it. The writer explains her idea with easy method. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read it. The book was written by famous author. The author gives you in the new time of literary works. It is possible to read this book because you can please read on your smart phone, or gadget, so you can read the

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