



# Saunders Student Nurse Planner, 2012-2013: A Guide to Success in Nursing School, 8th

*Susan C. deWit*

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Much more than just a calendar, **Saunders Student Nurse Planner, 2012-2013** will quickly become your lifeline with its wealth of organizational tools, clinical information, and helpful nursing school guidance all within one compact and versatile resource. Designed specifically for busy nursing students like you, this planner's strategies for time management and stress-reduction, study advice, and abundance of helpful clinical tools can significantly relieve the common aches and pains of nursing school and help you perform to your fullest potential both inside the classroom and throughout clinical practice.

- **Convenient, spacious calendars** enable you to organize your hectic nursing school schedule, and **time management strategies** help you perform to your fullest potential.
- **Advice on study skills** and **stress reduction techniques** improve your focus and increase efficiency - giving you the edge you need to succeed.
- **Alternate-format questions** (explanation and examples) and information on taking the **NCLEX exam** help prepare you for the licensure exam.
- **Clinical Quick Reference chapter** provides you with essential clinical tools and information in a concise, accessible format, and includes:
  - Commonly used abbreviations, symbols, and notations
  - Perioperative care and Joint Commission safety guidelines for surgery
  - Fall risk factors and assessment
  - Most commonly used IV fluids table
  - HIPAA requirements for confidentiality
  - Safety guidelines to prevent medication errors
  - Pain assessment tools
  - Signs of geriatric and pediatric abuse
  - Glasgow Coma Scale
  - Tips for troubleshooting IV pumps
  - Braden Scale for Predicting Pressure Sore Risk
  - Common lab test values
  - MyPlate dietary guidelines
- **Getting the Most from the Clinical Experience chapter** educates you on patient safety, communication with patients and colleagues, and documentation.
- **Space-saving, compact design** is portable enough to take with you to class and on clinical rotations.
- **UPDATED! List of NANDA-I-Approved Nursing Diagnoses, 2012-2014** is located on the inside back cover for quick reference.
- **NEW! MyPlate illustration and related dietary information** from the U.S. Department of Agriculture address the emphasis on nutrition concepts on the NCLEX exam.
- **NEW! 2-color design** highlights key information and makes this planner fun and easy to use.

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