



On Purpose

Victor J. Strecher

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When Vic Strecher lost his daughter, Julia, to a rare heart disease, his world ended. Only it didn't. Vic's wife, Jeri, and older daughter, Rachael, were still very much alive, as were his two demanding careers. What did end was his worldview: one based on long-held assumptions and beliefs about life, death, disease, health, risk, and ultimate purpose—subjects on which he had been writing and speaking for years—but the validity of which he now questioned.

Vic's experience of being "broken open" (to take bestselling author Elizabeth Lesser's phrase) set him on a life-transforming journey through ancient and modern philosophy, literature, psychology, neuroscience, and Egyptology. Along the way, Vic was introduced to an unlikely role model: a six-legged superhero whose unique relationship with a ball of excrement forever altered Vic's outlook. A self-help guide, college lecture, confessional, and time-travel adventure all rolled into one, *On Purpose* uses a beautiful, fantasy-fueled, graphic novel format to tell a story of self-discovery and personal growth you'll never forget.

From the Foreword: "Writing this book has given Vic Strecher a powerful sense of meaning. Reading it may do the same for you. It did for me. The light drives out the darkness and we can experience our world anew, filled with pleasure, joy, and meaning." - Dean Ornish, M.D.

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