



The Little Book on Coping: When Your Marriage is Falling Apart

Rita Frost Lynch

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The Little Book on Coping reveals one woman's struggle when she is faced with the heartache of adultery for the first time in her 28 year marriage. The pain spills out onto the pages in a way that few women dare to write. With 50 to 70% of American men cheating at some point in their marriages, a large portion of the female population can identify with this woman's struggle.

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