



Hypertension in High Risk African Americans: Current Concepts, Evidence-based Therapeutics and Future Considerations (Clinical Hypertension and Vascular Diseases)

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This volume discusses the many ways to prevent, identify and control hypertension in African Americans, a common and potent risk factor for virtually all forms of cardiovascular-renal diseases. Comprehensive chapters address modifiable risk factors, such as lifestyle changes, especially sodium restriction, and appropriate combination pharmacotherapy. Emerging devices and evidence-based approaches that may also enhance effective blood pressure control and decrease the disparate cardiovascular disease risks, including MI, stroke, HF, and cardiorenal metabolic syndrome and diabetes are also discussed in detail.

Written by a wide-range of experts in the field, *Hypertension in High Risk African Americans: Current Concepts, Evidence-based Therapeutics and Future Considerations* is a valuable resource for clinicians, researchers, health administrators and public health policy leaders to better understand the best practices and unique aspects of risk assessment and treatment of hypertension and co-morbid conditions in African Americans.

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