



# Ciao Italia Five-Ingredient Favorites: Quick and Delicious Recipes from an Italian Kitchen

*Mary Ann Esposito*

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**Ciao Italia Five-Ingredient Favorites: Quick and Delicious Recipes from an Italian Kitchen** Mary Ann Esposito

In Mary Ann Esposito's new book, *Ciao Italia Five-Ingredient Favorites*, she shows home cooks how to turn just five ingredients into an easy, delicious and economical Italian dish for the family dinner table. Mary Ann Esposito knows that the genius behind great Italian cooking is the simple philosophy of using just a few quality ingredients to create something delicious. In *Ciao Italia Five-Ingredient Favorites*, she shows home cooks how to make that philosophy work for them so that they can save time and money without sacrificing flavor. With seventy five authentic Italian recipes--from antipasti to pastas, main courses and desserts - Esposito draws on the Italian culinary tradition of simplicity in the kitchen to create such effortless and tasty dishes as:

- Prosciutto di Parma, Fontina and Fig Wraps
- Spicy Soppressata Tartlets
- Cheesy Stuffed Meatballs
- Pistachio Dusted Pork Chops
- Oven-Poached Halibut with Shallots and Fennel
- Escarole Salad with Mustard Dressing
- Chocolate, Hazelnut, and Banana Tartlets
- Buttermilk Panna Cotta Infused with Vanilla

With *Ciao Italia Five-Ingredient Favorites*, Mary Ann Esposito serves up a surefire way to please family and friends with easy recipes that are quick and delicious.

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Ciao Italia Five-Ingredient Favorites: Quick and Delicious Recipes from an Italian Kitchen can be one of your beginning books that are good idea. Most of us recommend that straight away because this book has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The writer giving his/her effort to set every word into pleasure arrangement in writing Ciao Italia Five-Ingredient Favorites: Quick and Delicious Recipes from an Italian Kitchen although doesn't forget the main stage, giving the reader the hottest along with based confirm resource data that maybe you can be one among it. This great information could drawn you into brand new stage of crucial thinking.

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