



**Spiritually Awaken Through The Hobbit: How  
Bilbo's Journey Through Middle-Earth Guides Us  
from Natural to Spiritual Consciousness  
(Spiritually Awaken Through ... the Far Side of  
Our Misty Mountains Book 1)**

*Jeffrey Adams*

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# Spiritually Awaken Through The Hobbit: How Bilbo's Journey Through Middle-Earth Guides Us from Natural to Spiritual Consciousness (Spiritually Awaken Through ... the Far Side of Our Misty Mountains Book 1)

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The goal of this book is to demonstrate how a story can contain both a natural and spiritual meaning. In other words, to demonstrate how Bilbo's journey through Middle-Earth mirrors our journey from natural to spiritual consciousness. The original purpose of storytelling was to preserve and pass along the nature of this epic journey. The ancient sacred stories from around the world contain both levels of meaning, but they have generally been externalized, that is, applied naturally as mere history or morality lessons. Their original purpose of transmitting the route from the limited perspectives of natural consciousness to the blessed states of spiritual consciousness is all but forgotten.

To demonstrate how The Hobbit contains both a natural and spiritual level of meaning will require two basic sections. Part I describes the structure of the human mind. For example, that there are various levels and faculties, each containing very different characteristics and states of being. Once the framework of our mind is understood we can superimpose that layout onto The Hobbit's storyline in Part II. The resulting interplay will demonstrate how Bilbo's journey through Middle-Earth mirrors our journey through the various levels and faculties of our mind. It will show us how to use The Hobbit to spiritually awaken - to travel from consciousness mired in an isolated natural level to one enlightened by the wisdom of Divine Love of the spiritual level. A level we may have heard rumor of, but may not yet have experienced.?

"Good morning!" and "Thank goodness!" are the first and last things Bilbo Baggins says in The Hobbit.

Both contain a sentiment of good, and so they should, for our protagonist represents that within us that is on a journey for what is good. However, it is not the good we are accustomed to, you know, that sense of self-satisfaction when we get what we want or feel we are following the 'rules.' Instead, it is a longing for the Source of real good. Real good is from only one Source and that is the Divine. Call it by whatever name, the Divine's Personality is Divinely Loving, and that means perfectly loving. Anytime we're in harmony with that treasured Source then we are not only doing something good, but we will undoubtedly feel such. That is the long lost 'treasure' a Dragon-ish level of our mind stole from us long ago. Sacred scriptures, ancient myths and modern myths like The Hobbit are treasure maps to bring this to our attention and help us retrieve what is rightfully ours. These generally untapped stories lay before us. May the following serve as a 'key' to open not only the secrets within them, but the correlating secret doors within us all.

Jeffrey Adams

2014

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**Sylvia Dozier:**

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