

## Overcoming the Nature of Fear: Recognizing and Replacing the Destructive Tendency to Fear (Spiritual Preparations for the End Times Book 3)

Sterling Dean Davidson

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Overcoming the Bondage of Fear is written on the premise that fear of death is man's basic nature... he is survival oriented. Using the writer of the Book of Hebrews statement that "through fear of death were all their lifetime subject to bondage", the book explores the debilitating effect fear has on all of us. Its objective is to help us see the chameleon that is fear and how prevalent it is in almost every aspect of our lives and to overcome that fear by understanding a better mindset. The book explores not only the survival mentality of mankind, but the sacrificial mindset of God and how they oppose one another.

Spiritual freedom comes by being delivered from our way of thinking and replacing it with God's way of thinking. God spoke through Isaiah, "For my thoughts are not your thoughts". While mankind is continuously thinking about survival in all its forms, God never is concerned for His own survival. He is the great I AM, while you and I are the "little I won't be(s)". We are here for only a short time; He will always be here. But God came to share his eternal nature with us and with His eternal nature comes His eternal mindset!

Satan's attempts at control over mankind is exposed and seen to be wrapped around the fear that death instills in humanity. However, it carries a message of hope that can only be possessed by the true believer in the redemptive work of Jesus Christ. The sacrificial death of the Messiah is the supreme example of the mindset that opens the door to spiritual freedom. It is a message of being delivered from the power Satan uses to bind humanity.

You will want to read this book because whether recognized or not fear is continually eroding your quality of life and God came to deliver you from that bondage. In Jesus' own words, "I have come that you might have life and that you might have it more abundantly." Paraphrase of John 10:10



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