

# It's Personal: Looking In: Loving Me and Looking Out: Loving You: Reaching Ideal Sisters Embracing Their Finest Women's Empowerment Workbook

Dr. Hallie R. Harper

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# It's Personal: Looking In: Loving Me and Looking Out: Loving You: Reaching Ideal Sisters Embracing Their Finest **Women's Empowerment Workbook**

Dr. Hallie R. Harper

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Within each one of us there's the desire to succeed, excel and accomplish our dreams and goals. It's Personal: Looking In and Looking Out provides women with a inner and outer perspective on how to obtain your optimal empowered self.



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