



This Is It: The Nature of Oneness*Interviews with Teachers of Non-Duality Including Eckhart Tolle, author of The Power of Now

Jan Kersschot

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This Is It: The Nature of Oneness*Interviews with Teachers of Non-Duality Including Eckhart Tolle, author of The Power of Now Jan Kersschot

Everything you need to know, you know already. That's the message Jan Kerschott brings seekers who have been desperately trying to "find themselves," but still have not achieved a sense of well-being. In fact, the desperate struggle to reach enlightenment can actually be counterproductive, increasing feelings of alienation. Through conversations with some of today's foremost spiritual guides, including Eckhart Tolle (author of *The Power of Now*), Douglas Harding (author of the acclaimed *On Having No Head*), Nathan Gill, Chuck Hillig, Wayne Liquorman, and others, this inspirational study offers reassurance that everything is exactly how it is supposed to be...and teaches us to accept that truth.

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